

**GOLDEN EMPIRE LEAGUE
2024-2025 TRACK AND FIELD 2024-2025
(October 1, 2024)**

JULY 1-14 DEAD Period NO CONTACT; JULY 15-JAN 12 LIMITED OR OUT OF SEASON; JAN 13-FEB 9 LIMITED

TU 1/28/2025 SPRING COACHES MEETING TBA 6:00

MON 2/10/2025 PRACTICE BEGINS

FRI 2/21/2025 FIRST SCRIMMAGE

FRI 2/28/2025 FIRST CONTEST

SAT 4/5/2025 SIT OUT PERIOD

SAT 5/10/2025 LAST CONTEST

<u>DAY</u>	<u>DATE</u>	<u>CENTER MEETS</u>	<u>LOCATION</u>	<u>TIME</u>
WED	3/26/2025	CENTER MEET #1	Casa Roble	1:30 Field 2:30 Running
WED	4/9/2025	CENTER MEET #2	El Camino	1:30 Field 2:30 Running
WED	4/30/2026	CENTER MEET #3	Natomas	1:30 Field 2:30 Running
WED	5/7/2025	RAIN MAKE-UP	TBD	TBD
SAT	5/10/2025	LEAGUE MEET	Casa Roble	12:00 Field 1:00 Running
WED	5/14/2025	SECTION MEET	TBD	TBD
FRI	5/16/2025	SECTION MEET	TBD	TBD
FRI	5/23/2025	MASTERS MEET	Davis	TBD
SAT	5/24/2025	MASTERS MEET	Davis	TBD
FRI	5/30/2025	STATE MEET	Buchanan HS	TBD
SAT	5/31/2025	STATE MEET	Buchanan HS	TBD